# **Reflective questions and practice for week of February 5**

### Sunday February 5 teaching.

**Reflective question:** Based upon the texts we briefly looked at this morning, how important is the concept and practice of Sabbath to God? What are your thoughts and feelings towards the concept and practice of keeping a Sabbath?

**Reflective practice**: Take this week and pay attention to your own/your families weekly rhythms and business. Is there a day (sundown to sundown) that you could begin the rhythm and commitment of Sabbath keeping? Talk this over with your spouse/family and include them in this discussion. Pray for God's guidance and wisdom in making a Sabbath commitment/decision.

## **Daily readings and questions:**

#### Luke 6:12-19

(1): What did Jesus do before He selected His disciples? For how long did He do this?

(2): Have you ever prayed for more than a few minutes at a time? Why or why not?

#### Luke 6:20-26

(1): Who is blessed according to Jesus? Why do you believe He calls these classes of people blessed?

(2): Who is in danger according to Jesus?

(3): After reading this section of blessings and woes, what are your thoughts about Jesus as a teacher, prophet, and encourager?

## <u>Luke 6:27-31—probably a good idea to read this through 2-3</u> <u>times...</u>

(1): To what action and emotion does Jesus call us in the treatment of our enemies? Do you do this? What interferes in your head and heart with you living this teaching out?

(2): What is the context of the "golden rule" in Luke? Do you practice the "golden rule"?

### Luke 6:32-36

(1): What does all of this have to do with mercy, and how God is merciful in this way?

### Luke 6:37-42

(1): Why are we not to judge? How hard is it at times to not judge others?

(2): Is there a difference between judging others and making decisions/observations about someone's character, lifestyle, choices?

(3): What is the definition of a disciple in this passage?